

Palmetto State Championship

July 17-18, 2020

Columbia International University /Columbia, South Carolina



Palmetto State Games Championship Meet 2020

Final Schedule

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Friday

5:00 PM	Pole Vault (Girls then Boys)
5:00 PM	Javelin (Boys & Girls Together)
6:00 PM	High Jump (Boys & Girls Together)
6:00 PM	Shot Put (Boys & Girls Together)

Friday

5:00 PM	2000m Steeplechase
5:45 PM	100 HH / 110m HH
6:00 PM	Mile
7:00 PM	5000m

Boys then Girls

Saturday

8:30 AM	Hammer Throw (Boys & Girls Together)
10:00 AM	Long Jump (Girls then Boys)
2:00 PM	Triple Jump (Boys & Girls Together)
2:00 PM	Discus (Boys & Girls Together)

Saturday

10:00 AM	4 x 100m Relay
10:30 AM	3000m
11:15 AM	400m Hurdle
12:00 PM	100m
1:00 PM	400m
1:45 PM	800m
2:00 PM	200m
3:00 PM	4 X 400m Relay

Important Reminders

- Be responsible/respectful for yourself and to others
- When possible always maintain proper social distancing
- Athletes must provide their own beverages or purchase them from the concession stand
- Athletes, Coaches, & Spectators are encouraged to wear a mask
- Athletes are not required to wear a mask while competing
- You must provide your own hand sanitizer and PPE
- There will be no clerking and holding area
- Heat Sheets will be posted online with specific times to report
- There will then be a call to the line & events